**Analysis of the fatigue strength under two load levels of a stainless steel based on energy dissipation**

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**RIASSUNTO.** In questo lavoro è stato analizzato il comportamento a fatica di un acciaio inossidabile AISI 304L. Nella prima parte del lavoro sono presentati i risultati ottenuti da prove ad ampiezza di sollecitazione costante sintetizzati sia in ampiezza di tensione sia in termini di densità di energia dissipata dal materiale per ciclo, $Q$. Successivamente alcuni provini sono stati sollecitati ad un livello di carico superiore al limite di fatica per circa il 70% della presunta vita e poi ad un livello di tensione inferiore al limite di fatica ad ampiezza costante precedentemente determinato ed è stata confrontata l’energia dissipata nella seconda parte della prova con quella trovata in una prova ad ampiezza costante, allo stesso livello di tensione. Il confronto ha mostrato come per il materiale analizzato il parametro $Q$ sia sensibile al danneggiamento precedentemente subito.

**ABSTRACT.** In this paper the fatigue behaviour of a stainless steel AISI 304L is analysed. In the first part of the work the results obtained under constant amplitude fatigue are presented and synthesised in terms of both stress amplitude and energy released to the surroundings as heat by a unit volume of material per cycle, $Q$. Then some specimens have been fatigued in variable amplitude, two different load level tests: the first level was set higher while the second was lower than the constant amplitude fatigue limit. The $Q$ values, evaluated during the second part of the fatigue test, have been compared with those calculated under constant amplitude fatigue at the same load level. The comparison allowed us to notice that the $Q$ parameter is sensitive to the fatigue damage accumulated by the material during the first part of the fatigue test.

**KEYWORDS.** AISI 304L; Dissipated energy; Fatigue; Stainless steel; Two load levels; Miner rule.

**INTRODUCTION**

The evaluation of fatigue limit of materials based on the experimental measurements of thermal increments is an experimental procedure well documented in the literature [1-3]. Recently one of the Authors suggested to adopt the energy released to the surroundings as heat by a unit volume of material per cycle, $Q$, as a fatigue damage indicator [4]. In view of this, a particular strategy was conceived in order to derive the $Q$ parameter from measurements of the material surface temperature. Parameter $Q$ was able to correlate the fatigue strength of smooth and notched specimens made of stainless steel, fatigued under constant amplitude stress. To the authors’ knowledge, the material behaviour in terms of $Q$ in the case of variable amplitude fatigue load was never investigated. In this paper two load level fatigue tests
were carried out in order to investigate the sensitivity of $Q$ parameter as damage indicator in the case of variable amplitude fatigue.

**THEORETICAL MODEL TO ESTIMATE THE $Q$ PARAMETER**

The experimental technique used to evaluate the $Q$ parameter is based on a theoretical model presented elsewhere [4], so that only the main features will be presented here.

Let us consider a control volume $dV$ of material under fatigue loading conditions, as shown in Fig. 1. The first law of thermodynamics applied to the control volume can be written in terms of power as:

$$ W \cdot dV = (H_{cd} + H_{cv} + H_{ir}) \cdot dV + \left( \rho \cdot c \cdot \frac{\partial T}{\partial t} + \dot{E}_p \right) \cdot dV $$  \hspace{1cm} (1)

where $W$ is the expended mechanical power in a unit volume; $H_{cd}$, $H_{cv}$, $H_{ir}$ represent the thermal power dissipated in a unit volume due to conduction, convection and radiation, respectively; the last term in the second member is the rate of variation of the internal energy, which is related to the material density $\rho$, the specific heat $c$, the time variation of the temperature $T$ and to the time variation of energy absorbed by the material $\dot{E}_p$. The term $\dot{E}_p$ represents the rate of accumulation of plastic hysteresis energy, i.e. fatigue damage.

![Figure 1: First law of thermodynamics applied to a control volume of material undergoing a fatigue test.](image)

Usually the surface temperature of material rapidly increases during the first part of fatigue test and then reaches a stationary value which depends on the applied stress level [3, 4]. In steady state conditions Eq. (1) becomes

$$ W = (H_{cd} + H_{cv} + H_{ir}) + \dot{E}_p $$  \hspace{1cm} (2)

By considering a sudden stop of fatigue test, the terms $W$ and $\dot{E}_p$ become zero and then from Eq. (1):

$$ \rho \cdot c \cdot \frac{\partial T}{\partial t} = - (H_{cd} + H_{cv} + H_{ir}) $$  \hspace{1cm} (3)

is possible to evaluate the thermal power $H$ dissipated in steady state conditions (Eq.(2)) by measuring the time derivative of temperature (see Eq.(3)). Finally, the energy released to the surroundings as heat by a unit volume of material per cycle, $Q$, can be calculated as:

$$ Q = \frac{H}{f} $$  \hspace{1cm} (4)

where $f$ is the test frequency.

**MATERIAL, SPECIMEN GEOMETRY AND TEST PROCEDURE**

The experimental tests were carried out on specimens prepared from 6-mm-thick AISI 304L stainless steel sheets. The specimen geometries used for static and fatigue tests are shown in Fig. 2a and Fig. 2b, respectively.

Tests were carried out at room temperature on a Schenck Hydropuls PSA 100 servo-hydraulic test machine,
equipped with a 100 kN load cell. The static behaviour was investigated by means of tensile tests under displacement control with a crosshead speed equal to 2 mm/min. During the static test the axial strain was measured by means of a MTS extensometer having a gauge length of 25 mm. The fatigue tests were carried out under load control, with a sinusoidal wave, nominal load ratio R (R = σ_{min}/σ_{max}) equal to -1 and a test frequency variable in the range of 2-36 Hz depending on the applied stress level. To investigate the material fatigue behaviour, constant amplitude fatigue tests were carried out up to the specimen failure. Concerning the two load level fatigue tests, some specimens were fatigued at a stress level higher than the fatigue limit for a significant fraction of fatigue life. Then the stress level was decreased lower than the fatigue limit and kept constant up to 10 millions of cycles or specimen failure.

Temperature increments were monitored by means of an AGEMA THV 900 LW/ST infrared camera able to detect infrared radiation in the range of wave lengths between 8 and 12 µm with a resolution of 0.1 °C. The thermal images were post processed by using the dedicated software AGEMA research 2.1.

**EXPERIMENTAL RESULTS**

In order to characterise the material static behaviour, five tests were carried out. The mean value of elastic modulus E, engineering tensile strength σₑ, proof strength σₚ₀.₂ and true fracture strain A% are summarised in Tab. 1. By means of an electrolytic etching (stainless steel anode and cathode, voltage 1.2 V, current 0.2 A) on a 60% nitric acid solution the microstructure was analysed. A typical example is shown in Fig. 3: the white matrix represents the austenitic phase while the dark zones inside the grains are ferrite, which represents the 1% of the volume.

<table>
<thead>
<tr>
<th>E [MPa]</th>
<th>σₚ₀.₂ [MPa]</th>
<th>σₑ [MPa]</th>
<th>A%</th>
</tr>
</thead>
<tbody>
<tr>
<td>194750</td>
<td>315</td>
<td>699</td>
<td>59%</td>
</tr>
</tbody>
</table>

Table 1: Material properties of AISI 304L stainless steel

![Figure 2: Specimen geometry for static (a) and fatigue (b) tests.](image)

![Figure 3: Example of microstructure observed in the cross section: mid-thickness (a) and below surface (b).](image)
The grain size was assessed according to ASTM E112 standard [5]. Two specimens were analysed and three measurements were done on each of them: in particular, two measurements were performed in the cross-section (one in the mid-thickness and one below specimen’s surface) and one on the surface of the sheet. The mean values are listed in Tab. 2. One can note that the grains are bigger in the external surface, as it can be expected in the case of rolling sheets. Finally, measurements of Vickers micro-hardness (applied load 0.2 kg) were carried out. Tab. 3 shows the results obtained in the middle of the thickness and at 0.2 mm below the surface.

<table>
<thead>
<tr>
<th>Specimen 1 [µm]</th>
<th>Specimen 2 [µm]</th>
</tr>
</thead>
<tbody>
<tr>
<td>Below surface</td>
<td>37</td>
</tr>
<tr>
<td></td>
<td>27</td>
</tr>
<tr>
<td>Mid-thickness</td>
<td>30</td>
</tr>
<tr>
<td></td>
<td>27</td>
</tr>
<tr>
<td>Surface</td>
<td>41</td>
</tr>
<tr>
<td></td>
<td>35</td>
</tr>
</tbody>
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Table 2: Experimentally measured grain size.

<table>
<thead>
<tr>
<th>Specimen 1</th>
<th>Specimen 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Below surface</td>
<td>175</td>
</tr>
<tr>
<td></td>
<td>163</td>
</tr>
<tr>
<td></td>
<td>151</td>
</tr>
<tr>
<td>Mid-thickness</td>
<td>169</td>
</tr>
<tr>
<td></td>
<td>162</td>
</tr>
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<td></td>
<td>162</td>
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Table 3: Measured values of Vickers micro-hardness (applied load 0.2 kg).

**Synthesis of experimental data in terms of stress amplitude**

The material fatigue limit was evaluated according to a shortened stair-case procedure according to Dixon’s rule [6], which involved 7 specimens. Tests were stopped after 10 million cycles. As a result, the fatigue limit in terms of stress amplitude \( \sigma_{\Delta a, -1} \) resulted equal to 217 MPa. The Wöhler curve, shown in Fig. 4, was evaluated via statistical analysis of the available fatigue data, by assuming log-normal distribution of the number of cycles to failure. In the same figure the fatigue limit \( \sigma_{\Delta a, -1} \), the 10-90% scatter band, the value of the inverse slope \( k \) of Wöhler curve, the scatter index \( T_\sigma \) (\( T_\sigma = \sigma_{\Delta a, 1,10\%}/\sigma_{\Delta a, 1,90\%} \)), the scatter index \( T_{N_\sigma} \) (\( T_{N_\sigma} = T_\sigma^k \)) and the number of cycles \( N_\Lambda \), which corresponds to the knee point of the curve, are listed.

![Wöhler curve and 10%-90% scatter band of the AISI 304 L stainless steel.](image)

**Synthesis of experimental data in terms Q parameter**

As already discussed, the evaluation of \( Q \) parameter is based on the measurement of the cooling rate just after a sudden interruption of the fatigue test, according to Eqs. (3) and (4). The material density, experimentally measured by using Archimedes method and a Sartorius 1801 balance, with a resolution of 10^-7 kg, was 7940 kg/m^3. By using a calorimeter, the specific heat \( c \) was determined equal to 507 J·kg^-1·K^-1.
The cooling rate after a sudden interruption of the fatigue test was measured by using the infrared camera and by considering the maximum value of the temperature inside an area encompassing the reduced section of the specimen. The maximum sampling frequency of the thermal images allowed by the available measuring system was 7 Hz. Fig. 5a shows an example of an infrared image: the rectangle identifies the area where the maximum surface temperature was detected. A typical example of the recorded temperature trend is plotted in Fig. 5b: it indicates the time when the fatigue test was stopped while in the y-axis the temperature variation with respect to that stabilized before the test stop is shown. After evaluating the cooling gradient, $Q$ was derived according to Eqs. (3) and (4).

![Figure 5: Example of control area surrounding the specimen where the maximum temperature was analysed (a) and typical maximum temperature signal measured after a sudden interruption of fatigue test (b) ($\sigma_a=210$ MPa, run out).](image)

In order to evaluate the evolution of $Q$ parameter, each fatigue test was interrupted several times. Fig. 6 shows the $Q$ values plotted versus the number of cycles normalised with respect to the number of cycles to failure or, in the case of run-out specimens, with respect to 10 millions. It can be noted that the value of $Q$ reached a constant value after about 50% of the total fatigue life. Moreover, the plotted curves show as soon as the stress amplitude is increased above the fatigue limit ($\sigma_a > 220$ MPa) then the stabilised values of $Q$ increase of a factor 7 (from $\approx 100$ kJ/(m$^3$·cycle) to $\approx 700$ kJ/(m$^3$·cycle)).

The fatigue data were analysed in terms of the stabilised energy parameter found during each fatigue test, by assuming a log-normal distribution of the number of cycles to failure, according to the following equation:

$$Q^k \cdot N = cost$$

(5)

where $N$ represents the number of cycles to failure and $k$ is the inverse slope of the new fatigue curve.

![Figure 6: Evolution of the specific energy loss versus the normalised fatigue life.](image)
Fig. 7 shows the fatigue data analysed according to Eq. (5), with the 10-90% scatter band, the reference $Q$ value evaluated at 10 millions of cycles, the value of exponent $k$, the scatter index $T_Q$ ($T_Q = Q_{10\%}/Q_{90\%}$) and the scatter index $T_{N,Q}$ ($T_{N,Q} = T_{Q}^{k}$). The experimental data can be synthesised in a unique scatter band characterised by a constant slope $k$ from $10^{4}$ to $10^{7}$ cycles. It is interesting to note that the scatter index $T_{N,Q}$ results by far lower than $T_{N,\sigma}$ shown in Fig. 4.

**TWO LOAD LEVEL FATIGUE TESTS**

With the aim to evaluate the sensitivity of the $Q$ parameter to prior fatigue damage, some specimens were fatigued in variable amplitude, two different load level tests: the first level was chosen higher ($\sigma_a=230$ MPa) than the material fatigue limit ($\sigma_{A,\infty}=217$ MPa) and it was applied for a significant fraction of fatigue life (ranging from 80 to 86%) as evaluated according to the $Q$-$N$ curve, previously obtained by means of constant amplitude fatigue tests (see Fig. 7). The second load level ($\sigma_a=190$ MPa) was lower than the fatigue limit. It should be noted that the two-load level fatigue tests presented in this paper are different from those presented in [4], where both levels were higher than the constant amplitude fatigue limit. The $Q$ values, evaluated during the second step of the fatigue test, have been compared with those measured during some tests carried out under constant amplitude fatigue at the same load level on undamaged specimens.

The results of the two load level fatigue tests are shown in Fig. 8 in terms of stress amplitude. It can be noted that only two of four specimens failed during the second level fatigue test. The same results were re-analysed on the basis of the energy parameter $Q$ and plotted in Fig. 9: in the case of specimens that failed, the $Q$ values measured during the second...
block of cycles were definitely higher than those observed during constant amplitude fatigue tests at the same stress level on the undamaged material. On the contrary, specimens 3 and 4 exceeded 10 millions of cycles once loaded at the second stress level. In fact for these specimens the \( Q \) values measured during the second block of cycles were very close to those detected during constant amplitude fatigue tests at 190 MPa on undamaged material.

Then, as far as the experimental data analysed in the present paper are concerned, it can be concluded that the parameter \( Q \) is sensitive to the fatigue damage accumulated prior to the second block of fatigue cycles.

Finally, by considering only the two specimens that failed, the damage \( D \) was evaluated on the basis of the \( Q-N \) curve shown by Fig. 7, according to the Miner’s rule (Eq. 6):

\[
D = \sum_{i=1}^{2} \frac{n_i}{N_i} = \frac{n_1}{N_1} + \frac{n_2}{N_2}
\]

where \( n_i \) is the number of cycles carried out at \( \sigma_{a,i} \) stress amplitude and \( N_i \) represents the corresponding number of cycles to failure. Figure 10 compares the experimental results obtained for specimen 1 and 2 with Miner’s hypothesis (\( D=1 \): the horizontal and the vertical axis represent the fraction of fatigue life spent during the first block (\( n_1/N_1 \)) and during the second block (\( n_2/N_2 \)) of load, respectively. The comparison allowed us to notice that the Miner’s hypothesis, based on the \( Q-N \) curve, is in good agreement with the experimental results.

CONCLUSIONS

In this paper the fatigue behaviour of a stainless steel AISI 304 L was analysed in terms of energy released to the surroundings as heat by a unit volume of material per cycle, \( Q \). After evaluating the material constant amplitude fatigue limit under completely reversed axial stress, the fatigue data were analysed in terms of both stress amplitude and energy parameter \( Q \), according to [4]. Then some specimens were fatigued in variable amplitude, two load levels to investigate the sensitivity of the \( Q \) parameter to prior fatigue damage.

The main results can be summarised as follows:

- the Wöhler curve of material generated from constant amplitude fatigue tests presents a knee point at 165800 cycles;
- the average curve which synthesises the fatigue data in terms of the energy parameter \( Q \) presents a constant slope from \( 10^4 \) to \( 10^7 \) cycles;
- the data dispersion in terms of fatigue lives is reduced by a factor greater than two if the experimental data are processed by using the energy parameter \( Q \) rather than the applied stress amplitude;
- the observed energy parameter \( Q \) increases by a factor of about seven if specimens are tested just 13 MPa above the fatigue limit with respect to the values measured at or below the fatigue limit itself;
- it can be concluded that the parameter \( Q \) is a fatigue indicator sensitive to the damage accumulated during the prior load history;
- Miner’s hypothesis applied on the basis of the \( Q-N \) curve is in good agreement with the experimental data available.

As a final remark, additional work is needed to further support the experimental findings presented in this paper.
REFERENCES